

What Can Schools Do?



Bullying in schools is not a problem that can be solved once and for all. Therefore, schools should maintain constant readiness to counteract any tendencies toward bullying in the school environment. This can best be achieved by having a good bullying prevention program as a standard element in the school environment. Although there are other anti-bullying programs available, the most noted program is the one developed in Norway by Dr. Dan Olweus at the University of Bergen.

The Olweus Bullying Prevention Program has been used and evaluated in large-scale studies with quite positive results in several countries, including the United States, and it has a strong research base.

The following are core elements of the Olweus program that you might want to consider when requesting, promoting, implementing, and evaluating a bullying prevention program in your school.

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